

# Educational Visits

England's tallest Tudor gatehouse, Layer Marney Tower offers an exciting range of educational programmes. Built in the 1520's by Henry, Lord Marney Privy Councillor to Henry VII and Henry VIII, he accompanied Henry VIII to the Field of the Cloth of Gold. Both Henry VIII and Elizabeth I stayed at Layer Marney Tower.



## Visits

Tudor Days are led by an experienced teacher in Tudor costume. They can be adapted for pupils at Key Stages 1, 2 and 3.

### A Tudor Day at Layer Marney Tower

|             |                                |
|-------------|--------------------------------|
| 10.00       | Arrival Health and safety talk |
| 10.15–11.00 | Session 1                      |
| 11.00–11.45 | Session 2                      |
| 11.45–12.30 | Session 3                      |
| 12.30–13.15 | Lunch and shop                 |
| 13.15–14.00 | Session 4                      |
| 14.15       | Depart                         |

One session is spent exploring the tower and learning its Tudor History. The other 3 sessions are chosen from the 8 modules on the next page.

# Educational Visits

## Tour of the Tower

Layer Marney Tower is a unique building and everyone will be taken up the 27 metres tall tower. They will be given an idea of who would have built such a flamboyant palace and why. They will be shown the detailed work done by talented craftsmen and learn about the materials used especially the terracotta work which is so special to Layer Marney Tower.

Choose three modules from the following:



### Module 1 Tudor Food

Experience the sight, taste and smell of Tudor fare. Understand the fragile nature of Tudor existence. See how food was preserved, how it was cooked and what was available when and to whom. Learn how the Tudors fed themselves from the hedges and byways.

**Activity** – Taste rye bread, sorrel and goat's cheese.

### Module 2 Tudor Medicine

Visit the Apothecary to see how wounds and ailments would have been treated. The Tudors treated illnesses by a mixture of science, religion and myth. Discover what they believed and how they dealt with sickness.

**Activity** – Undergo diagnosis with cabbage water.

# Educational Visits

## Tour of the Tower (Continued)

### Module 3 Use of Plants

Discover the plants that the Tudors used for food, clothes, colour, household tasks and medicine.

**Activity** – Cleaning teeth and washing hands.

### Module 4 Arms and Armour

Learn how to be a knight, feel the weight of the armour, study weapons, look at the life of an English bowman.

**Activity** – Archery

### Module 5 School Room

Learn some Tudor manners; study reading and mathematics, Tudor style.

**Activity** – Quill writing



### Module 6 Games and Dancing

Experience a range of leisure activities, Maypole dancing, formal dance, bowling, throwing the horse shoe and quoits.

**Activity** – Playing games and dancing.

### Module 7 Daily Life

Learn skills needed by ordinary Tudors for day to day living; how to make your own clothes; how to manage your own house.

**Activity** – Spinning and weaving or beeswax candle making.

### Module 8 Tudor Tombs

Visit the beautiful parish church of St Mary the Virgin. Learn the power the church had over the daily life of the Tudors.

**Activity** – Brass rubbing